

JASON F. ANDERSON

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EDUCATION

University of California, Santa Barbara

Ph.D. in Psychological and Brain Sciences, Expected June 2019
Dissertation: "Implicit partner attitudes as a predictor of relationship satisfaction: The mediating role of exposure and reactivity to relationship events."
Graduate Advisor: Shelly Gable
Academic Committee Members: Nancy Collins, Brenda Major, Kyle Ratner

Cornell University

B.S. in Human Development, with Honors, 2011
Honors Thesis Advisor: Vivian Zayas
Undergraduate Advisors: Cindy Hazan, Marianella Casasola

RESEARCH INTERESTS

Close Relationships, Implicit Processes, Interpersonal Emotion Regulation, Belonging

TEACHING

University of California, Santa Barbara

<u>Course</u>	<u>Session</u>	<u>Enrollment</u>	<u>Quality of Instruction</u>
Statistics	Summer 2018	47	4.3
Statistics	Summer 2018	70	4.0
Social Psychology of Close Relationships	Summer 2018	71	4.7
Social Psychology of Close Relationships	Summer 2017	38	4.8
Research Methods	Summer 2017	64	4.6
Introduction to Social Psychology	Summer 2017	78	4.7
Introduction to Social Psychology	Summer 2016	68	4.8

* Course Evaluation Scale: 1 = Poor, 2 = Fair, 3 = Good, 4 = Very Good, 5 = Excellent

FELLOWSHIPS AND GRANTS

University of California, Santa Barbara – Academic Senate Grant (\$8,000)	2017
National Science Foundation – Graduate Opportunity Fellowship (Honorable Mention)	2015
SPSP Diversity Travel Award (Honorable Mention)	2015
GSA Pre-Doctoral Student Travel Grant	2014
Marjorie A. Corwin Undergraduate Fellowship	2010
Human Ecology Alumni Association Grant	2010

PUBLICATIONS AND MANUSCRIPTS

(**undergraduate mentee*)

Publications

Siegel, P., Warren, R., Wang, Z., Yang, J., Hao, X., Cohen, D., **Anderson, J. F.**, Murray, L., & Peterson, B. S. (2017). Less is more: Neural activity during very brief and clearly visible exposure to phobic stimuli. *Human Brain Mapping*, 38, 2466-2481. doi:[10.1002/hbm.23533](https://doi.org/10.1002/hbm.23533)

Cheung, E. O., Gardner, W. L., & **Anderson, J. F.** (2015). Emotionships: Examining people's emotion-regulation relationships and their consequences for well-being. *Social Psychological and Personality Science*, 6, 407-414. doi:[10.1177/1948550614564223](https://doi.org/10.1177/1948550614564223)

Löckenhoff, C. E., Cook, M., **Anderson, J. F.**, & Zayas, V. (2013). Age differences in responses to progressive social exclusion: The role of cognition and socioemotional functioning. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 68, 13-22. doi:[10.1093/geronb/gbs042](https://doi.org/10.1093/geronb/gbs042)

Siegel, P., Han, E. Cohen, D., & **Anderson, J. F.** (2013). A detection-identification dissociation for phobic stimuli: Unconscious perception? *Cognition and Emotion*, 27, 1153-1167. doi:[10.1080/02699931.2013.774264](https://doi.org/10.1080/02699931.2013.774264)

Siegel, P., **Anderson, J. F.**, & Han, E. (2011). Very brief exposure II: The effects of unreportable stimuli on reducing phobic behavior. *Consciousness and Cognition*, 20, 181-190. doi:[10.1016/j.concog.2010.09.003](https://doi.org/10.1016/j.concog.2010.09.003)

Book Chapters

Gable, S. L., & **Anderson, J. F.** (2016). Capitalization: The good news about close relationships. In C. R. Knee & H. T. Reis (Eds.), *Positive approaches to optimal relationship development*. New York, NY: Cambridge University Press.

Manuscripts under Review

Gregory, A. J. P.*, **Anderson, J. F.**, & Gable, S. L. (under review). You don't know how it feels: Differences in accuracy of perceiving others' emotions predicts responsiveness of support.

Manuscripts in Preparation

Anderson, J. F., Gable, S. L., Cheung, E. O., & Gardner, W. L. (in preparation). Emotionships: Greater utilization of support-relevant emotion regulators predicts improvements in well-being.

Anderson, J. F., & Gable, S. L. (in preparation). Reactivity in the face of relationship ambiguity: Implicit partner attitudes predict affective reactions to ambiguous partner behaviors.

Anderson, J. F., & Zayas, V. (in preparation). Teetering on the seesaw of belonging: Detecting subtle shifts in exclusion and overinclusion.

Anderson, J. F., **Fajardo, M.***, & Gable, S. L. (in preparation). Reducing reactivity to negative social events: Self-affirmation and social avoidance.

Gable, S. L., **Anderson, J. F.**, & Prok, T. (in preparation). Capitalization support networks predict adjustment through the first year of college.

Gable, S. L., & **Anderson, J. F.** (in preparation). Training partners to capitalize: partners of intimates trained in effective capitalization report greater coping with positive and negative daily events.

Zayas, V., **Anderson, J. F.**, & Abrams, R. A. (in preparation). Social avoidance = (unconscious) cognitive avoidance: Social avoidance is inversely related to unconscious processing of personally significant names.

CONFERENCE PRESENTATIONS

Symposia

Anderson, J. F., & Gable, S. L. (2018, July). *Automatic partner evaluations predict emotional and behavioral reactions to relationship threats*. Symposium accepted to be presented at the International Association for Relationship Research, Fort Collins, CO.

Gregory, A. J. P.*, **Anderson, J. F.**, & Gable, S. L. (2018, July). *You don't know how it feels: Differences in accuracy of perceiving others' emotions predicts responsiveness of support*. Symposium accepted to be presented at the International Association for Relationship Research, Fort Collins, CO.

Zayas, V., Pandey, G., & **Anderson, J. F.** (2018, July). *Current and future directions for measuring implicit partner evaluations*. Symposium accepted to be presented at the International Association for Relationship Research, Fort Collins, CO.

Anderson, J. F., Gable, S. L., & **Gregory, A. J. P.*** (2017, January). *The role of responsiveness in interpersonal emotion regulation*. Symposium presented at the Society for Personality and Social Psychology, San Antonio, TX.

Gable, S. L. & **Anderson, J. F.** (2017, January). Shared positive moments: Benefitting personal and relational well-being. Symposium presented at the Society for Personality and Social Psychology, San Antonio, TX.

Gable, S. L. & **Anderson, J. F.** (2016, October). *Implicit attitudes and ambiguous behavior in relationships*. Symposium presented at the Society for Experimental Social Psychology, Santa Monica, CA.

Gable, S. L., Prok, T., Bowen, J. D., & **Anderson, J. F.** (2015, February). *Beyond traditional social support: Building personal resources by capitalizing on positive events*. Symposium presented at the Society for Personality and Social Psychology, Long Beach, CA.

Poster Presentations

Anderson, J. F., Gable, S. L., Cheung, E. O., & Gardner, W. L. (2016, January). *Emotionships: Greater utilization of support-relevant emotion regulators predicts improvements in well-being*. Poster presented at the Society for Personality and Social Psychology conference, San Diego, CA.

Fajardo, M.*, **Anderson, J. F.**, & Gable, S. L. (2016, January). *Reducing reactivity to negative social events: Self-affirmation and social avoidance*. Poster presented at the Society for Personality and Social Psychology conference, San Diego, CA.

Cheung, E. O., Gardner, W. L., **Anderson, J. F.**, & Kammrath, L. (2016, January). *Putting all your eggs in one basket? The tradeoff between seeking optimal support vs. relationship closeness when seeking emotional support*. Poster presented at the Society for Personality and Social Psychology conference, San Diego, CA.

Anderson, J. F., Prok, T., & Gable, S. L. (2015, February). *Support for the good predicts coping with the bad: Capitalization networks and acute trauma*. Poster presented at the Society for Personality and Social Psychology conference, Long Beach, CA.

Arce, H.*, **Anderson, J. F.**, & Gable, S. L. (2014, May). *The connection between cultural mindsets and social support*. Poster presented at the UCLA Psychology Undergraduate Research Conference, Los Angeles, CA.

Cheung, E. O., Gardner, W. L., & **Anderson, J. F.** (2014, February). *Emotionships: Examining the consequences of people's emotion-regulation networks for hedonic and eudaimonic wellbeing*. Poster presented at the Society for Personality and Social Psychology conference, Austin, TX.

Anderson, J. F., & Zayas, V. (2013, January). *Implicit reaffiliation: Exclusion reduces individuals' implicit, but not explicit, negative perceptions of excluders*. Poster presented at the Society for Personality and Social Psychology conference, New Orleans, LA.

Anderson, J. F., & Zayas, V. (2012, January). *Even when subtle, exclusion costs all and overinclusion benefits some: Individuals high on rejection sensitivity experience psychological gains following overinclusion*. Poster presented at the Society for Personality and Social Psychology conference, San Diego, CA.

Anderson, J. F., Zayas, V., & Abrams, R. A. (2011, January). *Social avoidance = cognitive avoidance: Social avoidance is inversely related to unconscious processing of personally significant names*. Poster presented at the Society for Personality and Social Psychology conference, San Antonio, TX.

Anderson, J. F., Zayas, V., & Abrams, R. A. (2010, May). *Unconscious cognition: Personal significance increases unconscious processing*. Poster presented at the Association for Psychological Science conference, Boston, MA.

Anderson, J. F., Han, E., & Siegel, P. (2009, May). *The effects of non-conscious exposure on fear of spiders*. Poster presented at the Association for Psychological Science conference, San Francisco, CA.

TEACHING ASSISTANTSHIPS

University of California, Santa Barbara

Introduction to Psychology
Introduction to Social Psychology
Lab in Advanced Research Methods
Lab in Developmental and Evolutionary Psychology
Lab in Social Psychological Behavior
Self and Identity
Social Psychology of Close Relationships
Statistics
Personality
Positive Psychology
Psychology of the Self
Psychopathology

DEPARTMENTAL SERVICE

University of California, Santa Barbara

Graduate Executive Committee	2017-2018
Graduate Affairs Committee	2017-2018
Human Subjects Pool Pre-screening Coordinator	2015-2018
Graduate Recruitment Coordinator	2017

PROFESSIONAL POSITIONS

Laboratory Manager	PI: Laura Carstensen	Stanford University	2011-2013
Laboratory Manager	PI: Vivian Zayas	Cornell University	2009-2011

PATENTS

Greenspan, A. J., **Anderson, J. F.**, & Lei, Y. (2014). Storing, categorizing and distributing information concerning relationships between data. *U.S. Patent No. [8,832,162](#)*. Washington, DC: U.S. Patent and Trademark Office.